

MENTAL HEALTH

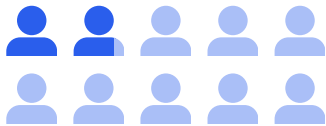
WHY IT MATTERS AND WHAT WE'RE DOING



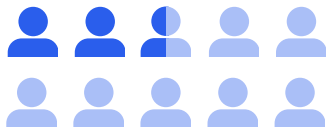
Youth living in poverty face greater mental health risks due to stressors like trauma, food insecurity and ongoing instability, as well as limited access to care and support.

THE NEED

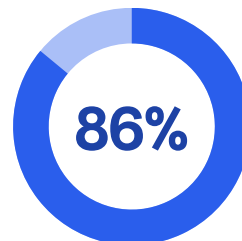
18%
Compassion youth
(9-11) at risk
for depression



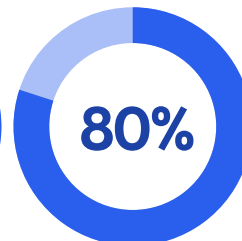
25%
Compassion youth
(15+) at risk
for depression



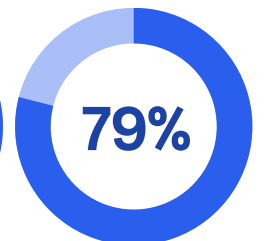
YOUTH AND PSYCHOLOGICAL SAFETY



of participants
reported they have
a safe person to
talk with



of participants
reported they
feel mentally
healthy



of participants
reported they feel
they have strength
and support to
overcome hard
times

COUNTRY SPOTLIGHT: ETHIOPIA

Mental health is the **#1 need** identified in Ethiopia, where many of the communities we serve are deeply affected by ongoing instability.



66%

of participants
reported they
feel mentally
healthy

72%

of participants
reported they
have a safe
person to talk to

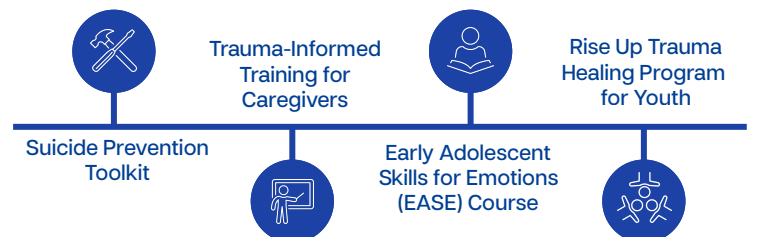
LOCAL CONTEXT

45%

of Compassion churches have
identified mental health in
their top 5 needs.



OUR RESPONSE



TARGETED EFFORTS



23%

of church partners with
a plan in the Life Transformation
Platform have an objective tied
to mental health



**TRAUMA-INFORMED
TRAINING**
18 national offices
454 church partners
16,976 caregivers



**SUICIDE PREVENTION
TOOLKIT**
13 national offices
193 church partners
3,181 caregivers